

**Let's Make a Circle**

Let's make a circle  
Like a circle 'round the sun.

Let's make a circle  
That includes everyone.

**Now Look Around**

Now look around  
We've made a ring  
By holding hands you see.  
Yes, here I am,  
And there you are,  
Together we are we.

**Four Directions Chant**

Good morning to the East where the sun rises in the morning.  
Good morning to the West where the sun sets at night.  
Good morning to the South where the land is warm.  
Good morning to the North where the land is cold.  
And good morning to the Earth, myself and my source.

Earth, we thank thee for the night,  
And for the pleasant morning light,  
For rest and food and loving care,  
And all that makes the day so fair.  
Help us to do the things we should,  
To be to others kind and good  
In all we do, in work or play,  
To grow more loving every day.

**Two Little Boats**

Two little boats were out at sea  
Calm as calm as calm could be  
Big Brother Wind began to blow  
And the two little boats rocked to and fro

Big Brother Wind began to shout  
And the two little boats got tossed about  
Gone is the wind  
Gone is the rain  
And the two little boats sailed home again.

**Grandma Handplay**

Grandpa Ivan and Grandma sara  
Were sitting in the garden together.

Grandma Sara was knitting a sock.  
Grandpa Ivan was having a rock.  
Grandpa Ivan asked Grandma Sara,  
“Have you finished your knitting?”  
Grandma's cross and hides away.  
Grandpa's cross and hides away.  
Grandma peeps  
Grandpa peeps  
Grandma peeps  
Grandpa peeps  
Grandma peeps  
Grandpa peeps  
They hug  
and kiss and walk away together  
in peace.

(learnt from Chris at Taraleigh – Apr 2012)

### **This Land is My Land** by Woody Guthrie

This land is your land This land is my land  
From California to the New York island;  
From the red wood forest to the Gulf Stream waters  
This land was made for you and Me.

As I was walking that ribbon of highway,  
I saw above me that endless skyway:  
I saw below me that golden valley:  
This land was made for you and me.

### **Starfish** (from Enki)

Starfish lies on the bottom of the sea,  
Stretching out long as long can be,  
Reaching right out so far and wide  
Touching the waters from side to side.

Curling round her tummy tight

She tucks up close with all her might

But she cannot turn so she opens wide  
And rolls right over to her backside.

Once again, to a ball she goes

Curling tight from knee to nose.  
Still she cannot get onto her tum,  
So she opens wide to have some fun.

One last try, she curls close  
And with all her might, over she goes.  
Stretching out long and wide once more,  
Starfish shines on the ocean floor.

### **Alouette**

#### *Refrain*

Alouette, gentille alouette,  
Alouette, je te plumerai.  
Je te plumerai la tête. x2  
Et la tête! Et la tête!  
Alouette! Alouette!  
A-a-a-ah

#### *Refrain*

Je te plumerai le bec. x2  
Et le bec! x2  
Et la tête! x2  
Alouette! x2  
A-a-a-ah

#### *Refrain*

Je te plumerai les yeux. x2  
Et les yeux! x2  
Et le bec! x2  
Et la tête! x2  
Alouette! x2  
A-a-a-ah

#### *Refrain*

Je te plumerai le cou. x2  
Et le cou! x2  
Et les yeux! x2  
Et le bec! x2  
Et la tête! x2

Alouette! x2

A-a-a-ah

*Refrain*

### **Make New Friends**

Make new friends, but keep the old  
One is silver, and the other gold

### **The Back Song**

Dot, dot, dot  
And a big question mark.  
Little spiders crawl up your back  
Little spiders crawl down your back  
Little spiders crawl up your arms  
Little spiders crawl down your arms  
Cool breeze, tight squeeze.  
Egg on the head and the yolk drips down.  
Creepy crawlies, creepy crawlies...  
Gotcha.

## **TRANSITION SONGS AND BLESSINGS**

### **The Story Song**

Anything can happen  
In a fairy tale or rhyme  
When you say the magic words  
Once a upon a time

### **Handwashing Song**

Time to wash our hands,  
Time to wash our hands

Welcome, welcome  
Welcome to our table  
Welcome, welcome  
We all join hands together. (We sing this until every one is at the table)

### **Snack Time Blessing**

Earth who gives to us this food.  
Sun who makes it ripe and good.  
Sun above and earth below,  
Our loving thanks to you we show.

Blessings on our meal.

#### Quiet Time Poem

Sitting, sitting quietly

I wonder what I may see-

What sound or smell the wind may bring...

I try to notice everything.

Breathing, breathing calm and slow,

I let myself get in the flow

Of what is happening in this place

When I keep a slower pace.

#### **Lunch Gratitude**

Bless this food and everyone who made this meal possible. Let it remind us of our connection to the Earth, the Sun, the Water, the Air, all those who came before us and those who are yet to be born. May we keep them in mind in all we do.

#### **CLOSING CIRCLE**

Who will come to my wee ring?

My wee ring

My wee ring

Who will come to my wee ring?

And make it a little bit bigger?

The earth stands firm beneath my feet. The sun shines high above. Here I stand, so straight and strong – all things to know and love

I can turn myself and turn myself and stop me when I will. I can reach high on my tippy toes and hold myself quite still.

#### **The Earthroots Tree Song**

Standing like a tree with my roots down deep,

Branches wide and open.

Come down the rain,

Come down the sun,

Come down the fruits to the heart that is open.

#### **Rainbow Bridge Song**

Goodbye, goodbye

Blessings on your way.

May the sun shine bright

In your hearts today.